

Clubhouse

Independence Center's Clubhouse is a supportive community for adults living with serious and persistent mental illness. It offers a space where members are not seen as patients, but as valued individuals who take an active role in their own recovery through meaningful work, relationships, and daily structure.

At the Clubhouse, members find belonging, purpose, and hope. By working side-by-side with staff and participating in the Work Ordered Day, members build confidence, form lasting friendships, and gain the support they need to live healthy, independent lives.

Members are able to choose their own goals and take charge of their own progress. . Often this is focused on obtaining **Employment**, advancing **Education**, securing **Housing**, or improving overall **Health & Wellness**.

The Independence Center Clubhouse is certified Training Center and is accredited by and Clubhouse International, a globally recognized leader in changing the world of mental health. We operate the second largest Clubhouse in the world.

4245 Forest Park Ave
St. Louis, MO 63108

www.independencecenter.org



OUR PROGRAMS & SERVICE

- **Employment:** Transitional and Supported Employment Programs offer customized support to meet individual needs
- **Education:** Work with community partners, school, and institutions of higher learning to obtain High School diploma, specialized certification or trade, college degree, and more
- **Housing Navigation:** Accessing resources for unhoused members or those looking to move to a more independent living environment
- **Health & Wellness:** Access to a full gym facility onsite and education and support for managing physical health conditions and improving overall quality of life
- **Specialty Programming:** Unique community groups to connect with peers for both Young Adults and Older Adults

ELIGIBILITY CRITERIA

- Adult, age 18 and above
- Diagnosis of a serious mental illness

HOW TO JOIN

Stop by our Welcome Center during walk-in hours Tues/Wed/Thurs 8:30 AM - 12:00 PM or call 314.533.4163

OUR MISSION is to provide all the services and resources a person with a serious and persistent mental illness needs, to manage their symptoms, find belonging and purpose, and gain the independence to live a healthy, quality life.